



@fi[®]

eatchillate

FOOD MENU



"Whilst we endeavour to ensure that information on the menu is correct, we do not warrant its completeness or accuracy thereof. We will not be liable in any manner or form whatsoever for any inaccuracies of the information supplied on our menu or connection thereof which results in any direct or indirect loss or damage, whether arising in delict, contract or otherwise."

"Our food may contain common allergens such as dairy products ,eggs ,nuts and fish/shellfish, wheat and soy. Kindly ask your waiter for your preference."

All items subject to availability. Variations & half portions will be charged accordingly. A 10% service charge may be included.




Regretfully no cheques accepted. An ID may be requested when paying by credit card.

ALL PRICES INCLUDE VAT.

LIGHT MEALS

-  **BEEF FILLET PREGO** **R169**
Grilled beef prepared in a portuguese sauce served with chips or a side salad
- CHICKEN PREGO** **R125**
Grilled chicken breast fillet prepared in a portuguese sauce served with chips or a side salad
- FRIED CHICKEN STRIPS BASKET** **R105**
Tender chicken fillet strips deep fried and served with chips and BBQ or sweet chilli sauce
- CHICKEN WINGS** **R135**
Grilled chicken wings basted in peri-peri or BBQ served with chips
- FISH & CHIPS** **R140**
Grilled or traditionally fried hake served with chips and tartar sauce
- RUSSIAN & CHIPS** **R105**
Traditional russian flowers served with a generous portion of chips
- PRAWN CURRY** **R125**
Prawn meat prepared in a creamy coconut curry sauce, served in a bowl of rice



STARTERS

-  **CHICKEN LIVERS** **R105**
Portuguese-style chicken livers prepared in mild peri-peri and served with bread of the day
- CALAMARI** **R120**
Tender calamari tubes served grilled or fried with creamy lemon and butter sauce
-  **BEEF TRINCHADO** **R138**
Portuguese-style beef strips prepared in a mild or peri-peri sauce and served with bread of the day
-  **CHICKEN TRINCHADO** **R115**
Portuguese-style chicken strips prepared in a mild or peri-peri sauce and served with bread of the day
- MUSSELS** **R115**
New Zealand half mussels prepared in a creamy garlic sauce

SALADS



-  **GREEK SALAD** **R105**
Served with olives, feta cheese and greek dressing
- CHEF SALAD** **R150**
Served with ham, bacon bits, boiled egg, croutons and cheddar cheese with a creamy caesar dressing
- FETA, AVO AND CHICKEN SALAD** **R158**
Smoked chicken ,sesame seeds, feta, avocado and a special Co.fi dressing
- SMOKED SALMON SALAD** **R199**
Salmon, avocado, smooth cottage cheese and capers

PIZZA

-  **MARGHARITA** R108
Cheese and tomato
- PORK RIBS AND CHICKEN** R142
Cheese, tomato, pork ribs and chicken
-  **VEGETABLE** R105
Cheese, tomato, mushroom, green peppers and onions
- SWEET CHILLI CHICKEN** R120
Cheese, tomato, mushroom and tender sweet chilli chicken strips
- BACON, PEPPERS & MUSHROOM** R120
Cheese, tomato, bacon, peppers and mushroom
- AVO, CHICKEN & ROCKET LEAVES** R128
Cheese, tomato, chicken bits, fresh avocado, peppadew & fresh wild rocket leaves
- BACON AND RUSSIAN** R120
Cheese, tomato, bacon and russian bits
- SO MEATY** R142
Cheese, tomato, bacon, russian, chicken and ham

PASTA

A choice of penne, fettuccine or spaghetti served with parmesan shavings

- CHICKEN PEPPADEW** R170
Tender chicken fillet strips pan fried and prepared in a creamy peppadew sauce
-  **SEAFOOD** R205
Prawns, calamari and mussels cooked to perfection in a Portuguese nationale sauce
-  **SPINACH & FETA** R135
Freshly picked spinach and feta cheese prepared in creamy white sauce

MAIN MEALS

GOURMET DISHES

All dishes served with a choice of starch

CO.FI FILLET

Tender beef fillets stuffed with mushrooms, ham and parmesan cheese topped with mozzarella

R230

BACON & MUSHROOM RUMP

Layered with crispy bacon and served with a creamy wine and mushroom sauce

R220

SHRIMP & FILLET MIGNON

Tender Beef Fillet, Prawns and fresh avocado served in our secret tomato sauce with choice of starch

R265

JACK DANIELS SALMON

Salmon fillet prepared in a creamy Jack Daniels sauce

SQ

GRILL

All dishes served with a choice of starch

RIBS

Char-Grilled and basted with our in-house BBQ or peri- peri sauce

600g R330
300g R180

BEEF RIBS

Char-grilled and basted with our in-house BBQ or peri- peri sauce

400g R199

RUMP

Grilled to perfection and finished with compound butter glaze

300g R205

T-BONE

Grilled to perfection and finished with compound butter glaze served with a creamy peppercorn sauce

500g R305

LAMB CHOPS

Char-grilled to perfection and basted with our in-house lamb basting sauce

R355

LAMB RIBLETS

Char-grilled to perfection and basted with our in-house lamb basting sauce

400g R265

BOEREWORS AND PAP

Grilled boerewors served with a tomato seshebo on a bed of pap

R145

PORK CHOPS

Char-grilled and basted with in-house BBQ basting or peri-peri sauce

R210

PORK BELLY

Slices of slow roasted pork belly served with roasted cauliflower puree

R199

SIRLOIN ON THE BONE

Char grilled to perfection and finished with compound butter glaze and served with a creamy mushroom sauce

350g R235

STEW S

BEEF STEW

Slowly cooked beef cubes served with choice of starch and choice of two vegetable sides

R155

BEEF OXTAIL

Slowly cooked beef oxtail served with choice of starch and choice of two vegetable sides

R295



APRICOT LAMB CURRY

Slowly cooked apricot lamb stew served with choice of starch and choice of two vegetable sides

R235

BEEF LIVER TOWER

Sautéed beef livers served with caramelized onions and a choice of starch

R135

AFRICAN CUISINE

Ask your waitering host on the availability

SQ

SAUCES

Pepper | Mushroom | Cheddar Cheese | Garlic Butter | Chilli | Blue Cheese

R52

CHICKEN

All dishes served with a choice of starch

GRILLED CHICKEN

Flame grilled chicken basted with either peri-peri or lemon and herb

FULL: R230 | HALF: R140 | QUARTER: R105

GRILLED CHICKEN BREAST FILLETS

Butterflied tender chicken breast fillets basted with peri-peri or lemon and herb

R142

OVEN BAKED CHICKEN

Chicken breasts layered with avocado, mozzarella and feta cheese and gratinated in the oven

R160

STUFFED CHICKEN FILLET

Tender chicken fillet stuffed with sautéed spinach and jalapeño

R160

SEAFOOD

All dishes served with a choice of starch

CALAMARI

Tender calamari tubes served grilled or fried with lemon and butter sauce

R220

GRILLED PRAWNS

Butterflied prawns drizzled with a lemon butter sauce

16 Prawns R399 | 8 Prawns R235

GRILLED KINGKLIP

Kingklip served grilled to perfection with garlic butter

R245

PRAWN AND KINGKLIP STACK

Pawn meat prepared with a creamy garlic sauce and served on top of a grilled kingklip

R270

SIDES

Rice | Chips | Salad | Vegetables | Mash | Pap | Samp

R38

MAKE YOUR OWN COMBO

*Pick a minimum of 2 different items and make your own combo,
served with a starch*

RIBS-BEEF OR PORK (200G)	R99
LAMB CHOPS (200G)	R165
RUMP (200G)	R120
PRAWNS (6)	R145
QUARTER CHICKEN	R72
CHICKEN WINGS	R89
CALAMARI (STARTER)	R75
BOEREWORS (150G)	R65
CHICKEN BREASTS (200G)	R55
BABY HAKE	R75
AVOCADO	R48
RUSSIAN	R55

PLATTERS

CO.FI PLATTER

Pork ribs, chicken wings, chicken kebabs, boerewors, fried calamari served with chips, basted with a BBQ or peri-peri sauce

FULL: R760 | HALF: R465

CO.FI CHICKEN PLATTER

Chicken livers, chicken wings, fried chicken strips and drumsticks, served with a prego roll

FULL: R685 | HALF: R425

CO.FI RIB PLATTER

Beef ribs, pork ribs and lamb riblets basted with a BBQ or peri-peri sauce, served with onion rings and chips

FULL: R750 | HALF: R450

RIBS AND WINGS

Fried chicken strips, ribs and chicken wings, served with chips, basted with a BBQ or peri-peri sauce

FULL: R625 | HALF: R420

MIXED GRILL PLATTER

Pork chops, meat balls, drumsticks, boerewors, beef liver, served with chips

FULL: R700 | HALF: R425

BIG BLUE PLATTER

Prawns, calamari, mussels, hake served with rice, chips and a lemon butter sauce

FULL: R700 | HALF: R425

COFI SNACK PLATTER

A Variety of biltong flavors served with kettle fried chips and Chilli flavored peanuts

R420

DESSERT

MALVA PUDDING

Baked and served with cookie crumble, vanilla ice cream and custard

R70

CHEESECAKE

Cheesecake of the day with a strawberry coulis served with honeycomb and fresh fruit

R70

COFI DESSERT OF THE DAY

A Decadent Dessert of the day by Co.fi, ask your waiter on the available dessert

R65

CAKE

Available at selected stores, please ask your Waitron

SQ

LIQUEUR CO.FI

AMARULA CO.FI

R45

AMARETTO CO.FI

R49

FRANGELICO CO.FI

R48

KAHLUA CO.FI

R52

IRISH CO.FI

R60

DOM PEDROS

AMARULA

R45

AMARETTO

R65

FRANGELICO

R48

KAHLUA

R48

WHISKEY

R55

HOT BEVERAGES

FILTER CO.FI	R28
CAPPUCCINO REGULAR (CREAM OR FOAM)	R40
CAPPUCCINO TALL (CREAM OR FOAM)	R50
SINGLE ESPRESSO	R28
DOUBLE ESPRESSO	R35
CAFÉ LATTE	R49
CAFÉ MOCHA	R52
HOT CHOCOLATE	R49
MILO	R49
WHITE HOT CHOCOLATE	R56
SPICED CHAI LATTE	R56
HOT WATER HONEY & LEMON	R25
TEA	
FIVE ROSES/ ROOIBOS	R28
CAMOMILE/ GREEN TEA/ EARL GREY	R30
ADD HONEY	R16

COLD BEVERAGES

FRESH JUICES	R40
Cranberry, Fruit Cocktail, Orange, Mango, Strawberry, Granadilla, Pineapple	
SCHWEPPE 200ML MIXERS	R27
Dry Lemon, Ginger Ale, Lemonade, Soda Water, All Tonic Water Flavors	
SODAS 300ML	R33
Coke, Coke Zero, Fanta, Sprite, Crème Soda, Stoney	
PREMIUM MINERAL WATER	
Still/Sparkling 500ml	R27
Still/Sparkling 1L	R49
TIZERS	R39
Appletizer /Grapetizer	
RED BULL	R50
ROCK SHANDY	R44
STEEL WORKS	R57
CORDIAL & SODA	R40
CORDIAL	R13
FRULATTAS	R50
MILKSHAKES	R49
Chocolate, Strawberry, Vanilla	
CO.FI or MILO MILKSHAKES	R50

CO.FI FRANCHISE COMPANY

Shop B07 Centurion Gate
Cnr John Vorster & Akkerboom Street,
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Tel: 012 753 7458
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CO.FI GQEBERHA

Shop 1 Boardwalk Hotel Beach Road
Summerstrand,
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Tel: 010 786 4964
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CO.FI POLOKWANE

Shop 32 Savannah Mall
Corner Grimm & Thabo Mbeki Street,
Polokwane
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CO.FI CENTURION

Shop B07 Centurion Gate
Cnr John Vorster & Akkerboom Street,
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CO.FI MIDRAND

Shop 28 Carlswald Lifestyle Centre
Cnr New Road & Harry Galaun Drive
Halfway Gardens, Midrand
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